



MEDICATION POLICY

Delegate's name: _____

- All medications, prescription and non-prescription, must be housed in the clinic except for one day's worth which delegates may keep with them. This may be replenished in the clinic each day.
- Delegates will not be allowed to keep ANY additional medicines with them except for epi-pens, inhalers for asthma, insulin, glucagon and glucose or sucrose tablets.
- All medications brought to Virginia Girls State must be in the ORIGINAL CONTAINER with the delegate's name printed on the container.
- Any type of container other than the original container, and containers with someone else's name will not be accepted.
- Actual dosage listed on the container must be followed unless there is a written note from the prescribing doctor outlining different indications.
- Do NOT forget to pick up ALL medication on Saturday. American Legion Auxiliary Virginia Girls State CANNOT be responsible for your medications once the program ends on Saturday.

Delegate noted above will not will (please check appropriate box) be bringing medication.

I have read and understand the above policy.

Signature of Parent/Guardian Date

Parent/Guardian's Phone: (Day) _____ (Evening) _____

HOW TO BRING MEDICATION TO VIRGINIA GIRLS STATE

In a clear plastic zip-top bag, please place the following items:

- Medication in original container with clearly visible prescription information and expiration date (which must be current).
- This fully completed medication information form.
- Any droppers, spoons, or specific measuring tools.

| Medication Name (include instructions) | As Needed | Breakfast | Lunch | Dinner | Bedtime |
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BRING THIS FORM WITH YOU TO LONGWOOD UNIVERSITY